

# Counselor Preparation Comprehensive Examination (CPCE) Textbook List

The following compilation reflects the data gleaned from a survey of counselor training programs using the Counselor Preparation Comprehensive Examination (CPCE). The survey, conducted between the summer of 2003 and the spring of 2004, asked the instructors of classes designed to account for the 8 CACREP core areas to indicate which textbooks are assigned in their syllabi. Results are presented in order of frequency of assignment (higher frequencies at the top) and alphabetical order within frequency categories. While CPCE item writers do refer to these texts, and recommend them as study aids, inclusion and ranking on this list do not constitute endorsement of any one text over another.

## Human Growth and Development

American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.

Santrock, J. W., (2003). *Life-span development* (9<sup>th</sup> ed.). New York: McGraw-Hill.

Gilligan, C. (1983). *In a different voice: Psychological theory and women's development* (Rev. ed.). Cambridge, MA: Harvard University Press.

Ivey, A. E. (1993). *Developmental strategies for helpers: Individual, family, and network interventions*. Pacific Grove, CA: Brooks/Cole.

## Social and Cultural Foundations

Sue, D. W., & Sue, D. (2002). *Counseling the culturally diverse: Theory and practice* (4<sup>th</sup> ed.). New York: Wiley.

Atkinson, D. R. (2003). *Counseling American minorities: A cross cultural perspective* (6<sup>th</sup> ed.) New York: McGraw-Hill.

Goldenberg, I., & Goldenberg, H. (2003). *Family therapy: An overview* (6<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.

Ivey, A. E., Ivey, M. B., & Simek-Morgan, L. (2002). *Counseling and psychotherapy: A multicultural perspective* (5<sup>th</sup> ed.). Boston: Allyn & Bacon.

McGoldrick, M., Pearce, J. K., & Giordana, J. (Eds.). (1996). *Ethnicity and family therapy* (2<sup>nd</sup> ed.). New York: Guilford.

Ponterotto, J., Casas, J. M., Suzuki, L. A., & Alexander, C., M. (Eds.). (2002). *Handbook of multicultural counseling* (2<sup>nd</sup> ed.). Newbury Park: Sage.

Sue, D. W., Ivey, A. E., & Pederson, P. (1996). *A theory of multicultural counseling and therapy*. Pacific Grove, CA: Brooks/Cole.

Smith, T.B. (2004). *Practicing multiculturalism: Affirming diversity in counseling and psychology*. Boston: Allyn & Bacon.

# Counselor Preparation Comprehensive Examination (CPCE) Textbook List

## Helping Relationships

- Corey, G. (2004). *Theory and practice of counseling and psychotherapy* (7<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.
- Corey, G. (2000). *Student manual for theory and practice of counseling and psychotherapy*. Pacific Grove, CA: Brooks/Cole.
- Egan, G. (2001). *Exercises in helping: A training manual to accompany the skilled helper* (7<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Egan, G. (2001). *The skilled helper: A problem management approach to helping* (7<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Hackney, H., & Cormier, L. S. (2005). *The professional counselor: A process guide to helping* (5<sup>th</sup> ed.). Boston: Allyn & Bacon.
- Ivey, A. E. (2002). *Intentional interviewing and counseling: Facilitating a client development in a multicultural society* (5<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Cormier, L. S., & Hackney, H. (1999). *Counseling strategies and interventions* (5<sup>th</sup> ed.). Boston: Allyn & Bacon.
- Corsini, R. J. & Wedding, D. (2000). *Current psychotherapies* (6<sup>th</sup> ed.). Itasca, IL: Peacock.
- Sharf, R. S. (2004). *Theories of psychotherapy and counseling: Concepts and cases* (3<sup>rd</sup> ed.). Belmont, CA: Wadsworth.
- Evans, D. R, Hearn, M. T., Uhlemann, M. R., & Ivey, A. E. (2004). *Essential interviewing: A programmed approach to effective communication* (6<sup>th</sup> ed.). Belmont, CA: Brooks/Cole.
- Goldenberg, I, & Goldenberg, H. (2003). *Family therapy: An overview* (6<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.
- Nichols, M., & Schwartz, R. C. (2004). *Family therapy: Concepts and methods* (6<sup>th</sup> ed.). Boston: Allyn & Bacon.
- Thompson, C. L., & Rudolph, L. B., & Henderson, D. A. (2004). *Counseling children* (6<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Young, M. E. (2001). *Learning the art of helping: Building blocks and techniques* (2<sup>nd</sup> ed.). Columbus, OH: Merrill-Prentice Hall.

# Counselor Preparation Comprehensive Examination (CPCE) Textbook List

## Group Work

- Corey, G. (2004). *Theory and practice of group counseling* (6<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.
- Corey, G., & Corey, M. S. (2002). *Groups: process and practice* (6<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.
- Yalom, I. D. (1995). *Theory and practice of group psychotherapy* (4<sup>th</sup> ed.). New York: Basic Books.
- Corey, G. (2000). *Student manual for theory and practice of group counseling* (5<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.
- Capuzzi, D., & Gross, D. R. (Eds.). (2001). *Introduction to group counseling* (2<sup>nd</sup> ed.). Denver, CO: Love.
- Gladding, S. (2002). *Group work: A counseling specialty* (4<sup>th</sup> ed.). Englewood Cliffs, NJ: Prentice Hall.

## Career and Lifestyle Development

- Zunker, V. G. (2002). *Career counseling: Applied concepts for life planning* (6<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Sharf, R. (2002). *Applying career development theory to counseling* (3<sup>rd</sup> ed.). Pacific Grove, CA: Brooks/Cole.
- Brown, D. (2003). *Career information, career counseling, and career development* (8<sup>th</sup> ed.). Boston: Allyn & Bacon.
- Herr, E. L., & Cramer, S. H., & Niles, S. G. (2004). *Career guidance and counseling through the lifespan: Systematic approaches* (5<sup>th</sup> ed.). Boston: Allyn & Bacon.
- Zunker, V. G., & Osborn, D. S. (2002). *Using assessment results for career development* (6<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Niles, S. G., & Harris-Bowlesby, J. (2002). *Career development interventions in the 21<sup>st</sup> century*. Englewood Cliffs, NJ: Prentice-Hall.

# Counselor Preparation Comprehensive Examination (CPCE) Textbook List

## Appraisal

- American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.
- Drummond, R. J. (2003). *Appraisal procedures for counselors and helping professionals* (5<sup>th</sup> ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Anastasi, A., & Urbina, S. (1996). *Psychological testing* (7<sup>th</sup> ed.). New York: Prentice Hall.
- Cohen, R. J., & Swerdik, M. E. (2001). *Psychological testing and assessment: An introduction to tests and measurement* (5<sup>th</sup> ed.). New York: McGraw-Hill.
- Hood, A. B., & Johnson, R. W. (2002). *Assessment in counseling: A guide to the use of psychological assessment procedures* (3<sup>rd</sup> ed.). Alexandria, VA: American Counseling Association.
- Walsh, W. B., & Betz, N. E. (2000). *Tests and assessment* (4<sup>th</sup> ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Kaplan, R. M., & Saccuzzo, D. P. (2004). *Psychological testing: Principles, applications, and issues* (6<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Whiston, S.C. (2005). *Principles & applications of assessment in counseling* (2<sup>nd</sup> ed.). Belmont, CA: Wadsworth.

## Research and Program Evaluation

- American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5<sup>th</sup> ed.). Washington, DC: Author.
- Heppner, P. P., & Kivlighan, D. M., & Wampold, B. E. (1998). *Research design in counseling* (2<sup>nd</sup> ed.). Pacific Grove, CA: Brooks/Cole.

# Counselor Preparation Comprehensive Examination (CPCE) Textbook List

## Professional Orientation & Ethics

- American Counseling Association. (1995). *Code of ethics and standards of practice*. Alexandria, VA: Author.
- Corey, G., Corey, M. S., & Callanan, P. (2003). *Issues and ethics in the helping professions* (6<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.
- American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.
- Gladding, S. (2004). *Counseling: A comprehensive profession* (4<sup>th</sup> ed.). Englewood Cliffs, NJ: Merrill.
- Herlihy, B., & Corey, G. (1996). *Ethical standards casebook* (5<sup>th</sup> ed.). Alexandria, VA: American Counseling Association.
- Remley, T. P., Huey, W. C., & Hermann, M. A. (Eds). (2003). *Ethical and legal issues in school counseling* (2<sup>nd</sup> ed.). Alexandria, VA: American School Counselor Association.
- American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5<sup>th</sup> ed.). Washington, DC: Author.
- Brown, D. & Srebalus, D. J. (2003). *Introduction to the counseling profession* (3<sup>rd</sup> ed.). Boston: Allyn & Bacon.
- Gysbers, N. C. & Henderson, P. (2000). *Developing and managing your school guidance program* (3<sup>rd</sup> ed.). Alexandria, VA: American Counseling Association.
- Morrison, J. (1995). *The first interview: Revised for the DSM-IV*. New York, NY: Guilford Press.
- Neukrug, E. (2003). *The world of the counselor: An introduction to the counseling profession* (2<sup>nd</sup> ed.). New York: Oxford.
- Erford, B. T. (2003). *Transforming the school counseling profession*. Upper Saddle River, NJ: Merrill Prentice-Hall.
- Remly, T. P., & Herlihy, B. (2001). *Ethical, legal, and professional issues in counseling*. Upper Saddle River, NJ: Merrill Prentice-Hall.